

SOP 2-32 (Formerly 1-40)

P&P Draft 07/26/2023

2-32 EXPOSURE TO BLOOD OR BODILY FLUIDS

Related SOP(s), Form(s), Other Resource(s), and Rescinded Special Order(s):

A. Related SOP(s)

None

B. Form(s)

PD 4706 Albuquerque Police Department Infectious Disease Exposure Consent Form

C. Other Resource(s)

29 C.F.R. § 1910.1030 (h)(5)(i) Sharps Injury Log NMSA 1978, § 24-2B-5.3 Informed Consent Not Required; Testing of Persons Who Are Source Individuals

D. Rescinded Special Order(s)

None

2-32-1 Purpose

The purpose of this policy is to protect Albuquerque Police Department (Department) personnel by ensuring that they receive treatment when exposed to blood or bodily fluids.

2-32-2 Policy

It is the policy of the Department to provide Department personnel with preventative information about blood or bodily fluids and how to process exposures to blood or bodily fluids.

N/A 2-32-3 Definitions

A. Bloodborne Pathogen

Microorganisms that can be transmitted from one person to another through blood or bodily fluids and fecal matter, excluding spittle and urine unless blood is present.

B. Exposure

- 1. The act of exposing someone to, including, but not limited to:
 - a. Human bites:
 - b. Needle sticks (sharps);
 - c. Injuries from contaminated items with a sharp point or edge (sharps);



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- d. Blood or bodily fluids contacting the skin with unhealed cuts/injuries;
- e. Blood or bodily fluid splashes in the eyes, nose, or mouth;
- f. Incurring injuries while subduing a bleeding subject; and
- g. Rescue or first responder procedures that are given to accident or injured victims.

C. Source Person

Any person who transfers blood or bodily fluid(s) by any means to Department personnel.

D. Universal Precautions

An approach to infection control. According to the concept of Universal Precautions, all human blood, certain human bodily fluids, and sharps are treated as if known to be infectious for HIV, hepatitis, and other bloodborne pathogens.

7 2-32-4 Procedures

A. Contact with Communicable Diseases

- 1. It is possible that in the course of their duty, Department personnel will come into physical contact with individuals or sharps infected with communicable diseases.
- Department personnel with a risk of coming into contact with bloodborne pathogens in the course of their duties are eligible for hepatitis A and B vaccinations through the City of Albuquerque's Employee Health Center at no cost to the employee.
 - a. Hepatitis A vaccination is a series of two shots.
 - b. Hepatitis B vaccination is a series of three shots.
- 3. Department personnel are always encouraged to use personal protective equipment (PPE) when contacting all individuals.
- 4. Department personnel shall follow universal precautions, including:
 - a. Wearing surgical gloves if there is a possibility of direct contact with a person or contamination from bodily fluid(s), especially blood;
 - b. Washing their hands as soon after contact as possible or cleaning and disinfecting contaminated skin with hand sanitizer; and
 - c. If clothing is contaminated, cleaning it with hot water and dry on high heat (130 degrees Fahrenheit).
 - i. Department personnel shall clean equipment with an anti-bacterial cleanser or a 1:10 solution of chlorine/bleach and water.
- 5. Exposure to Blood or Bodily Fluid(s)



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- a. If blood or bodily fluid(s) from a source person have penetrated the skin or mucus membranes, such as the eyes, nose, or mouth of Department personnel, the employee shall clean the affected area immediately and notify their supervisor.
- b. The supervisor or the employee shall call MedCor (1-800-775-5866) and the Safety Officer (505-850-4511). Both are available twenty-four (24) hours a day, seven (7) days per week.
- c. The MedCor nurse will determine the employee's exposure risk and advise them of medical treatment.
- d. The supervisor or the employee who was exposed to blood or bodily fluid(s) from a source person shall notify the Safety Officer of the status and location of the source person.
- e. The Safety Officer shall:
 - Collect information about the source person from whom a blood sample shall be drawn;
 - ii. Contact the source person to have them sign the Infectious Disease Exposure Consent Form; and
 - 1. If the source person refuses to consent, the Safety Officer shall contact the Office of the City Attorney to arrange for a court order, consistent with NMSA 1978, § 24-2B-5.3.
 - iii. If necessary, arrange for the source person to be transported to a local blood draw facility.
- f. Department personnel shall:
 - i. Follow the directives given by the MedCor nurse and Safety Officer;
 - ii. Follow up with the City of Albuquerque's Employee Health Center; and
 - iii. Provide to their immediate supervisor any medical documentation that authorizes them to return to work on the first business day following the exposure.

B. Records Management

The Safety Officer shall maintain a log of bloodborne pathogen exposures to Department personnel, consistent with OSHA regulations (29 C.F.R. § 1910.1030 (h)(5)(i)).

N/A C. Training

- 1. Department personnel will be provided training for bloodborne pathogens initially in the Academy Division.
 - a. Department personnel will be required to complete follow-up training annually thereafter.



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